



(RE) CONSTRUCTIONISTS

CELEBRATION COMMUNITY GUIDE

for January 2, 2022

Part of the mission of our church is to awaken people to Christ and His message and equip them to practice their faith in real life. One way we do this at Celebration is through Communities.

Church is more than a one-hour gathering on a Sunday morning. Church is also a community gathering around a table, doing life together the other six days of the week.

BEFORE YOU BEGIN

Celebration Communities are an opportunity for our church family to live in a deep web of relationships. We eat together, pray for one another, and practice the way of Jesus in Brantford and the surrounding areas.

As you read through this week's guide, remain centered around these purposes:

Love God

Learn the ways of Jesus

Live with purpose

The following guide is meant to help direct your time together. These are best practices and *not* a rigid set of instructions to follow.

GUIDED COMMUNITY DISCUSSION

Gather as a group in a comfortable setting. Your Celebration Community leader will lead a brief time of prayer at the beginning, asking the Holy Spirit to lead and guide your time together. Take time to be silent before you begin. It's important to declutter our minds so that we may focus on one another and God's presence. Pray the ancient prayer: 'Come, Holy Spirit'.

Work through this week's guided questions. Take time both speaking and listening. If you can, go through the first three questions as your Community shares a meal together.

(1) What brought me joy this week?

(2) Where did I notice God's presence?

(3) Was there anything God revealed to me?

(4) Is there a way I can walk faithfully through doubt and come out on the other side with a deeper love for Jesus, the Church and its traditions?

(5) Can I question my faith without losing it?

(6) How can I be intentional about becoming a spiritual parent to the next generation of Jesus followers?

PRACTICE THE WAY

At the beginning of 2022, we welcome our Communities to practice crafting a rule of life together!

"A RULE OF LIFE, VERY SIMPLY, IS AN INTENTIONAL, CONSCIOUS PLAN TO KEEP GOD AT THE CENTRE OF EVERYTHING WE DO."

A rule of life is both a schedule and set of practices that help us create space for a deep, loving enjoyment of God's presence and others.

In his book *Crafting a Rule of Life*, Stephen A Macchia described the purpose of a rule of life this way:

A rule of life allows us to clarify our deepest values, our most important relationships, our most authentic hopes and dreams, our most meaningful work, our highest priorities. It allows us to live with intention and purpose in the present moment.

And it is exactly that.

A rule of life is not a system of laws. It's not even a system of rigid rules, despite the name. Instead, it's a way that we can regulate our lives so we stay on the path in front of us.

Head to the "Resources" page on happychurch.ca to find our booklet on a rule of life. This week, begin to brainstorm and pray with your Community on what your rule of life might look like in 2022.

PRAY TOGETHER

Spend time together in conversation with God.

Ask yourself before praying:

(1) What might God be saying to me at the beginning of 2022?

(2) Where might God be leading me in 2022?

(3) How would God have me practice my faith in 2022?

Your leader will begin praying for individuals in the group. Take turns praying for each member. If everyone in your group is comfortable with laying hands on each other, feel free to do so.

If this is your first time in a Celebration Community, and you don't feel comfortable sharing something or praying out loud, feel free to be silent. Your Community is an opportunity and space where you can grow. You're welcome and safe here.

THE WEEK AHEAD

As you live out the rest of your week, consider what has been shared during your time together.

Ask yourself:

Who has God placed in my life to pray for and encourage?

What has God spoken to me about?

How will I be obedient to what He has spoken?

What can I ask my Community to keep me accountable for next time we meet?

As well, regular meals with others can be a cornerstone to our mental health. Meals provide a context for which people feel loved and heard.

Take time as a Community to plan how you will make meals together a regular part of your rhythm in 2022. We recommend weekly, easy-to-make meals that are cost-effective. If weekly meals together are not doable, consider how often your Community can meet to share a meal.

